

## MIZUNO SIZE CHART

SINGLE • EURO COMP • KANO • ICHIBAN • GRACIE				SUPREME • SIGNATURE • YAWARA		
SIZE	FROM FT / CM	TO FT / CM	WT. LB / Kg	FROM FT / CM	TO FT / CM	WT. LB / Kg
0000 /	- 3'6" / 106.7					
000 / J0	- 4' / 122					
00 / J1	4' / 122	4'4" / 132				
0 / J2	4'4" / 132	4'6" / 137				
1	4'6" / 137	4'9" / 144.8				
1.5	4'9" / 144.8	5'2" / 157.5	- 110 / 50	4'9" / 144.8	5'2" / 157.5	- 110 / 50
2	4'10" / 147.3	5'3" / 160	- 110 / 50	4'10" / 147.3	5'3" / 160	100-120 / 50-55
2.5	5' / 152.4	5'4" / 162.5	110-135 / 50-61	5' / 152.4	5'4" / 162.5	110-135 / 50-61
3	5'2" / 157.5	5'7" / 170	135-160 / 61-73	5'2" / 157.5	5'7" / 170	135-160 / 61-73
3.5	5'4" / 162.5	5'9" / 175.3	150-180 / 68-82	5'4" / 162.5	5'9" / 175.3	150-180 / 68-82
4	5'6" / 167.6	5'11" / 180.3	160-190 / 61-86	5'6" / 167.6	5'11" / 180.3	160-190 / 61-86
4.5	5'7" / 170	5'11" / 180.3	160-190 / 61-86	5'7" / 170	5'11" / 180.3	160-190 / 61-86
5	5'10" / 177.8	6'3" / 190.5	195-220 / 89-100	5'10" / 177.8	6'2" / 188	195-220 / 89-100
5.5	6' / 182.9	6'5" / 195.6	210-240 / 95-109	6' / 182.9	6'4" / 193	210-240 / 95-109
6	6'2" / 188	6'6" / 198.1	230-250 / 104-113	6'2" / 188	6'5" / 195.6	230-250 / 104-113
6.5	6'2" / 188	6'6" / 198.1	240-260 / 109-118	6'2" / 188	6'6" / 198.1	240-280 / 109-127
7	6'3" / 190.5	6'7" / 200.7	260 + / 118 +	6'4" / 193	6'7" / 200.7	250 + / 118 +